



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# COME CELEBRATE WITH US

SOUTH MOUNTAIN YMCA  
973 762 4145

2025





# 2025

## 3 STEPS TO GET THE BALL ROLLING

1. Email Nicole Josey at [njosey@ metroymcas.org](mailto:njosey@metroymcas.org)
2. Nicole will email you a contract to sign.
3. A \$100 non-refundable deposit is required with the signed contract to secure your spot!



### MEET NICOLE

Our friendly, fun-loving Birthday Party Coordinator! She is ready to make your day awesome in any way she can. Nicole is a true artist, creating parties that become lasting memories.

The Birthday child is considered free and does not count toward the first 15 children.

## Let us make the day effortless!

Inquire with Nicole about adding party decorations (balloons, streamers, tablecloths) to your day.



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## GYMNASTICS PARTIES

Gymnastics activities with or without parent participation in our well-equipped gym designed for any age group. The party can be structured or unstructured but with supervision for the first hour, then parent-supplied refreshments are served for the last half hour. Parent clean up is the last 15 minutes.



**LOCATION:** 111 Irvington Avenue, South Orange  
**AGES:** 5 yrs & up  
**FEE\*:** Members \$395, Community Members \$450

\*Fees are for the first 15 invited children + Birthday child; each additional child is \$10.

## SPORTS PARTIES

Get your party guests moving! Our sports parties consist of the child's choice of sports/games led by Y Sports Staff for the first hour, then parent-supplied refreshments are served for the last half hour. Parent clean up is the last 15 minutes.



**LOCATION:** Y Gym/Creation Station  
**AGES:** 4 & up  
**FEE\*:** Members \$395, Community Members \$450

\*Fees are for the first 15 invited children + Birthday child; each additional child is \$10.



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## CREATIVE PARTIES

Creative parties are an hour and a half. They can be held at one of our venues and feature various themed activities.

**FEE\*:** Members \$395;  
Community Members \$450

\*Fees are for the first 15 invited children + Birthday child; each additional child is \$10.

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### DANCE PARTY

Join our Y teacher for a fun-filled structured dance party! Party guests will have a dance lesson, followed by dance games such as Freeze Dance and Limbo. This party can be tailored to your child's age and experience level. There is time for parent-provided refreshments.

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### PRINCESS PARTY

Come dressed in your royal party clothes and enjoy dancing and games fit for a princess! Party princesses will make their own themed craft. There is time for parent-provided refreshments.

## ARTIST PARTY

Your budding artist will have an amazing day at our artist party! The party features 2 crafts, dancing, party games and a big hand print “painting” for the birthday child done by everyone. There is time for parent-provided refreshments.

## TIE DYE PARTY

Have an amazing time and walk away with a fun giveaway! The party features a tie dye project that all guests can take home, dancing, and party games. There is time for parent-provided refreshments.

## BUILDING PARTY

Young engineers love this hands-on experience in building, featuring our giant blue blocks (at no additional cost), lego tables, and magnetic tiles. Party guests are faced with different construction challenges as well as free-builds. There is time for parent-provided refreshments.

## PAINT & DANCE PARTY

Work on a painting with your fellow artists a la “paint and sip” but then dance the day away and play party games! We’ll keep guests artistically and physically engaged and they will have a keepsake painting to take home. There is time for parent-provided refreshments.

## SUPERHERO PARTY

Ready to save the day with this super active birthday party? Encourage guests to come dressed in superhero disguises. Our Y HEROs lead themed games to train our young superheroes create a craft and dance with superhero abandon. There is time for parent-provided refreshments.

## ADVENTURE PARTY

Pick your theme: Space Wars, Pirates, Detectives, Wild West, Ninjas and more. Our party hosts create a fun-filled schedule that turns a special day into an action-packed adventure! There is time for parent-provided refreshments.





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# BOUNCE PARTIES



There's no party like a bounce party! We're thrilled to offer indoor bounce parties with our new collection of inflatables. Includes one hour of bouncing with two inflatables of your choosing, followed by 30 minutes of parent-supplied refreshments.

**LOCATION:** First Presbyterian & Trinity Church  
111 Irvington Avenue  
South Orange, NJ 07079

**FEE\*:** TBD— Please inquire

\*Fees are for the first 15 invited children + Birthday child; each additional child is \$15. This price includes two inflatables.



# EXTREME SLIME PARTIES

How about an epic slime party to celebrate your child's birthday? Party guests will make their own slime! All colors included! Includes one hour of slime making followed by 30 minutes for parent-provided refreshments.

**FEE\*:** Members \$395, Community Members \$450

\*Fees are for the first 15 invited children + Birthday child; each additional child is \$15.

## STYLE & SPARKLE PARTY

**FEE\*:** Members \$395, Community Members \$450

Perfect choice for the stylish child! Our hosts will help guests do their make-up and paint their nails. Each guest will get their own pair of flip-flops and the party will finish with a photoshoot. We can customize the party to suit your glam kid, from fashion activities (can you say "runway ready?") to hair or spa treatment.

## BAKING PARTY

**LOCATION:** Creation Station

**FEE:** Members \$430, Community Members \$485

This unique birthday party will have everyone mixing up a storm. Every child will create a sweet treat with our own Chef Nicole or Chef Lena. All you have to supply are the drinks and decorations. This party will include an hour and a half of baking and eating and a half hour of organized party games. This party is limited to only 15 children. All recipes are peanut free.







# MAKE SOMEONE'S DAY

## **DONATE A PARTY**

We now offer financial assistance for our birthday parties for those who qualify. To give, visit [givebutter.com/smy](https://givebutter.com/smy) or contact our Welcome Center for more information  
**(973) 762-4145**